

## Arena Curriculum Map – 2022-2023

**Bishops' PE Vision:** To create endless possibilities for every child to flourish physically, emotionally and socially through encouraging healthy active lifestyles, participating in competitive sports and developing our **Christian Values** to excel in a wide range of PE.

**Our Christian values:** Respect, Trust, Perseverance, Forgiveness, Courage and Compassion.

**The Three Pillars of Progression:**

### Motor competence

locomotor skills - such as running and jumping

stability skills - such as twisting and balancing

manipulation skills - such as throwing and catching

### Rules, strategies and tactics:

### Healthy participation

Concepts

Application

Opportunities

### Communication and teamwork skills

EYFS and mixed KS1

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fistral (EYFS) Towan (EYFS)	<b>Fundamentals 1</b> (jumping, running and moving in different directions)	<b>Fundamentals 2</b> (moving at different speeds, balancing, control and rhythm).	<b>EYFS Gymnastics</b> (travelling and stopping)	<b>Games 1</b> (ball skills with controlled movement)	<b>Games 2</b> (ball skills with controlled movement – throwing and bouncing)	<b>Fundamental Athletics</b> (Combination of progressive skills learnt throughout the year)
<b>YEAR A</b> Perran Year 1/2 Porth Year 1/2 Watergate Year 1/2	<b>Fundamentals movement</b> (Moving in different directions, throwing, catching and hit a ball)	<b>Gymnastics Basic Skills/direction and pathways</b> (show control and coordination when travelling and balancing. Jump in a variety of ways and land with control).	<b>Dance</b> (Linked to topic – focus on fluency with movements and working in unison)	<b>Games 1/2</b> (Move or stop to catch or collect a ball. understand basic tactics. Decide on best positions and move accordingly).	<b>Athletics 1</b> (Run and jump with control. Explore different jump techniques).	<b>Net and Wall</b> (Receive and send a ball in a ready position and use a racket with accuracy).
<b>YEAR B</b> Perran Year 1/2 Porth Year 1/2 Watergate Year 1/2	<b>Fundamentals movement</b> (Moving in different directions, throwing, catching and hit a ball)	<b>Gymnastics stretching and curling</b> (Jump, roll and balance neatly. Creating stretching and curling shapes within a sequence).	<b>Dance</b> (Linked to topic – focus on fluency with movements and working in unison –	<b>Games 3/4</b> (Move or stop to catch or collect a ball. understand basic tactics. Decide on	<b>Athletics 2</b> (Run and jump with more pace and control. Throwing with more technique).	<b>KS1 OAA</b> (Explain what orienteering means, follow a map with symbols and work collaboratively).

			demonstrating rhythm).	best positions and move accordingly).		
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KS2 – Single form entry

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Tolcarne (Year 3) Atlantic (Year 3)	<b>Tag Rugby</b> (Throw, pass, attack and defending skills).	<b>Swimming</b> (Use one basic stroke with good control in arm and leg movement).	<b>Gymnastic – Symmetrical/Asymmetrical</b> (Symmetrical and asymmetrical shapes. Jump, roll and balance with good body tension).	<b>Basketball</b> (Dribble, attack, defend and chest pass).	<b>Athletics</b> (Sprinting, relay, jump and throw with accuracy).	<b>Striking and fielding</b> (Roll and throw, strike with accuracy. Intercept and fielding skills).
Gannel (Year 4) Whispiderry (Year 4)	<b>Hockey</b> (Dribble, pass, receive, defend and attack skills).	<b>Tennis</b> (Throw and catch with accuracy. Learn racket techniques and shots).	<b>Dance</b> (Refine movements and create more complex sequence to match purpose – topic link).	<b>Netball</b> (Pass in 3 ways, dodging and accelerating. Understanding the footwork).	<b>Cricket</b> (Roll and throw, strike with accuracy. Intercept and fielding skills).	<b>Football</b> (Travelling, passing and receiving the ball and tackling skills).

<p>Crantock (Year 5) Great Western (Year 5)</p>	<p><b>Tag Rugby</b> (Throw, pass backwards, attack and defending skills. Mastering previously learned skills).</p>	<p><b>Gymnastics - Partner sequence</b> (Create fluid sequence collaboratively applying previously learnt skills).</p>	<p><b>Basketball</b> (Dribble, attack, defend and chest pass – with speed and accuracy. Mastering best technique to defending and attacking).</p>	<p><b>OAA</b> (Orientate self to solve problems and adapting actions to changing situations. Work collaboratively).</p>	<p><b>Athletics</b> (Combine sprinting with low hurdles over 60m. Throw accurately and refine).</p>	<p><b>Striking and fielding</b> (Bat and bowel accurately. Understanding best positions for fielders and intercept effectively).</p>
<p>Lusty Glaze (Year 6) Holywell (Year 6)</p>	<p><b>Gymnastics – counterbalance</b> (Show accuracy and control, speed, strength and stamina consistently with a wide range of movements).</p>	<p><b>Swimming</b> (Use breaststroke, backstroke and front crawl and to swim at least 25m. Explore personal survival skills).</p>	<p><b>Dance</b> (Perform use advanced techniques with a range of styles and forms).</p>	<p><b>Hockey</b> (Dribble, pass, receive, defend and attack skills – with speed and accuracy. Mastering best technique to defending and attacking).</p>	<p><b>Cricket</b> (Bat and bowel accurately. Understanding best positions for fielders and intercept effectively).</p>	<p><b>OAA</b> (Confidently orientate self to solve problems, follow complex maps in unfamiliar environments and develop skills to solve problems).</p>

